

# Release of Liability

I, Name-----

Hereby acknowledge and agree to the following, as a condition of participation in a private Pilates/Yoga, semi-private Pilates/Yoga, Barre classes and/or group fitness classes:

- My involvement and/or participation in private Pilates/Yoga, semi-private Pilates/Yoga, barre Classes and/or group fitness classes is voluntary, and I am acting under my own free will.
- I understand in group fitness there is a risk of danger, bodily harm, injury, emotional stress, or death as a result of my participation. The risks arise from private Pilates/Yoga, semi-private Pilates/Yoga, Barre classes and group fitness classes and/or equipment that can cause the risk, with the acknowledgement that potential risks are not limited to this list.
- There is the potential for risks and dangers that may not be obvious or reasonably foreseeable at this time.
- I do not have any medical ailments, physical limitations, or mental disabilities that will affect my ability to participate in private Pilates/Yoga, semi-private Pilates/Yoga, Barre classes and/or group fitness classes.
- @theBarre by: Streamlined Bodies undertakes no direct legal or financial responsibility for my personal safety or well-being when I am participating in private Pilates/Yoga, semi-private Pilates/Yoga, Barre classes and/or group fitness classes.
- I assume the risks, including, but not limited to, those outlined in this agreement.
- I forever release @theBarre by: Streamlined Bodies and all instructors working at said company and the principal Liza Hodette Gishen-Kloeckner from any and all claims and causes of action that I or my representatives now have or may have in the future for personal injury, property damage or wrongful death occurring to me, arising out of participation in private Pilates/Yoga, semi-private Pilates/Yoga, Barre classes and/or group fitness classes.
- I am 100% liable for all medical expenses incurred as a result of any injury or property damage during my participation in private Pilates/Yoga, semi-private Pilates/Yoga, Barre classes and/or group fitness classes.
- In the event that any one or more of the provisions of this agreement shall be held to be invalid, illegal, unenforceable or in conflict with the law according to the jurisdiction of the state of NSW, the remaining portions will not be invalidated, and shall remain in full force and effect.
- This is a legally binding contract, but it is not meant to pronounce any claims or defences that are legally prohibited.

I attest that I have read and understand this document, and agree to all the provisions listed above

Participants name:-----

Date: -----

Witness Name: -----

Date: -----